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BELL COUNTY PUBLIC HEALTH DISTRICT

FOR IMMEDIATE

WIC Project #31

RELEASE

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WIC Joins Fight Against Childhood Hunger

Temple, Texas – June 12, 2017 - Bell County Public Health District WIC Program is stepping up its efforts to ensure children get a healthy meal during summer and beyond.

Nearly two-and-a-half million Texas children qualify for free or reduced priced meals during the school year. Yet only 11 percent of those children participate in the Summer Meals program. More Texas WIC offices are now stepping up. “Many children get two free meals a day at school. So when school is out, that’s ten additional meals a family has to provide. Many of these families have children under age five who are also eligible for WIC. Signing up for WIC can help families stretch their dollars,” said Bell County Public Health District’s WIC Director, Nikki Morrow, IBCLC.

Morrow’s office is kicking off a series of outreach activities to ensure families that are eligible for WIC are receiving the healthy food they need. “WIC is so much more than a food program. The food we provide is shown to reduce childhood obesity, and our Registered Dietitians give families valuable guidance that can keep Texas families not only fed but healthy” Morrow added.

The Bell County Public Health District WIC Program, which has offices in Temple, Killeen, Copperas Cove and Fort Hood, will begin to participate in the Central Texas Food Bank’s Mobile Food Pantry. The WIC Program will be at the mobile food pantry sites in Temple on the fourth Wednesday of each month at Ferguson Park and in Copperas Cove on the second Thursday of each month at Holy Family St. Vincent de Paul.

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